



अखिल भारतीय तकनीकी शिक्षा परिषद्
ALL INDIA COUNCIL FOR TECHNICAL EDUCATION

(भारत सरकार का एक सांविधानिक संस्थान) (A Statutory Body of the Govt. of India)
उत्तर पश्चिमी क्षेत्रीय कार्यालय, चण्डीगढ़ NORTH WESTERN REGIONAL OFFICE, CHANDIGARH

Dr. R.K. Soni
Director & Regional Officer

File no. NWRO/AICTE/ELP/17-18/99

Dated: 17.01.2018

To
The Registrar
Panjab University,
Chandigarh

Sub: Invitation for participation in Executive Leadership Programme from 19-21 January, 2018 at Punjab Engineering College (PEC), Chandigarh - reg.

Sir,

Eminent education leaders are the backbone of the education system as they are instrumental in shaping the future of students. It is very important that they re-embolden the vision of the AICTE and to re-emphasize their role as educators as the beacon that imparts knowledge of great morals, ethics, and integrity to future generations.

In order to achieve this goal, AICTE, NWRO, Chandigarh is organizing an executive leadership programme specially designed for eminent educational leaders of education in India from 19-21 January, 2018 at Punjab Engineering College, Chandigarh. This programme aims to combine basic life skills training along with wonderful stress management yoga and pranayama and all this taught through a variety of group activities and presentation.

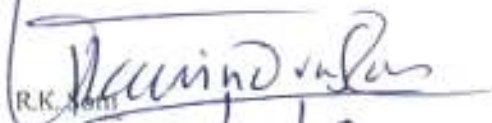
The main objective of the programme is to provide a global platform for academicians and professionals from education to discuss:

- Framework for holistic education towards better employability, social good and Entrepreneurship
- Insights into the impact of human values, yoga and meditation on young minds
- Collaborative excellence between academicians and professionals
- Research findings on youth and education
- Opportunities for self development.

The programme will feature renowned leaders and exceptional personalities from diverse backgrounds. We would be honored to have you as a part of this programme. The registration and course will be borne by AICTE. However, travelling expenses/accommodation charges shall be borne by the participants through own institute/universities.

I request you to kindly make it convenient to attend this programme. Further, I would like to request you to kindly sponsor senior interested faculty/administrators from your organization to attend this programme.

With kind regards


R.K. Soni

Encl: Programme Schedule
17/01/18



All India Council for Technical Education
अखिल भारतीय तकनीकी शिक्षा परिषद्

EXECUTIVE LEADERSHIP PROGRAM

MIND MANAGEMENT AS A FOUNDATION
FOR WELL-BEING & AGILE LEADERSHIP



19th – 21st
JAN 2018



PUNJAB
ENGINEERING
COLLEGE, CHANDIGARH

EXECUTIVE LEADERSHIP PROGRAM

Practical Training for Mental Clarity, Social Connection and Inspiration

Executive Leadership Program offered by The Art of Living is an experiential and insightful workshop for educationists so that they can perform under high complexity and drive with greater collaboration and innovation.



Empirically-validated techniques for mental clarity and awareness



Expert trainers who adapt to unique organizational cultures



A proven track record with reach in 155 countries and 300 million people



Sustainable Impact with processes to easily integrate learnings into work-life

VISION

Managing Internal and External Complexity

In an increasingly complex and dynamic world, solving problems through strategy and process alone can leave educationists burnt out and disengaged, fragment teams, and create negative workplace cultures.

To develop resilient teams and adaptive solutions, educationists need tools to understand and manage their most important asset – **their own minds.**

Investing in minds to transform challenges into opportunities

Successful teams and leaders require clarity to process an ongoing flood of information, adaptive thinking to navigate unforeseen challenges, emotional resilience to process stress and uncertainty, and social connection for greater engagement and teamwork.

When educationists are engaged and thriving in their overall lives, they are more likely to maintain strong work performance – even during difficult times.



PROGRAM BENEFITS

WELL-BEING

- Improve wellbeing, resilience, clarity, and focus
- Create mind-friendly working structures
- Drive sustained adoption

LEADERSHIP AGILITY

- Improve mental flexibility
- Build mindsets for agile leadership
- Increase presence and focus

PERFORMANCE

- Improve performance under stress
- Build resilience and restoration
- Increase physical and mental agility
- Synergize teams

CHANGE MANAGEMENT

- Catalyze vision and results
- Coordinate interdependence and joint action
- Build team connectedness
- Improve self-mastery and leadership
- Project Management

TEAM BUILDING

- Improve communication
- Increase trust & connectedness
- Grow team morale
- Promote team creativity and collaboration

EXECUTIVE COACHING

- Gain self-mastery
- Manage conflicts and challenges
- Expand awareness & perspective
- Envision and ignite personal potential

METHODOLOGY

ENERGY & CREATIVITY



- Levels of Existence
- Sources of Energy
- Science of Breath
- Yoga
- Personal vs. Professional Skills
- Creativity & Acceptance



RESPONSIBILITY & POWER OF THE MIND

- Awareness, Belongingness & Commitment
- Demand, Capability & Performance
- Increasing Responsibility through the Power of the Mind
- You-Power-Situation
- Nature of the Mind

COMMUNICATION & CONFLICT RESOLUTION



- Types of Listening
- Types of Communication
- Perception, Observation & Expression
- Conflict Resolution CR Factor
- Bias Barriers



INSPIRATION, EMPOWERMENT & SUSTAINABILITY

- Motivation vs. Inspiration
- Roles of different Management Levels
- Leadership Styles
- Relationship Building – Power Influence

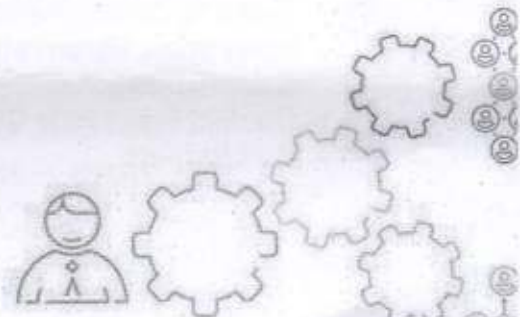
PROGRAM SCHEDULE

The Program will be held for 3 consecutive dates 6hrs everyday.
 † sessions of 90 mins each.

	10:00-11:00	11:00-12:00	12:00-13:00	13:00-14:00	14:00-15:00	15:00-16:00	16:00-17:00
Day 1	Inauguration	Energy & Creativity		Lunch Break	Responsibility & Power of Mind		
Day 2	Alertness & Awareness		Connecte dness		Trust	Communication & Conflict Resolution	
Day 3	Health & Food	Empowerment & Sustainability			Impact & Inspiration		Valedictory

PROGRAM BENEFITS

- Enhanced Potential
- Fair-mindedness and Patience
- Empathetic behavior & Optimistic attitude
- Dynamism and Commitment
- Increased Efficiency and Confidence
- Ethical Leadership & Risk taking ability
- Enhanced Productivity and Team work
- Increased Trust and Belongingness
- Clarity of Mind for better Decision making
- Better understanding of student-behavior & dealing with non-cooperative students





Name Mr./Ms./Mrs. _____

University/ College _____

Designation _____

Date of Birth DD MM YY

REGISTRATION FORM

Contact Details	
Address	
City	State
Pin Code	Tel.
Mobile	
E-Mail	

1. Do you experience any of the following health condition? (Tick, if yes)

- Asthma Breathing problems Heart problem
 Epilepsy High blood pressure Pregnancy Other (specify) _____

2. Are you currently taking any prescribed medication?

- Yes No If Yes, please specify _____

3. Have you undergone any psychiatric treatment?

- Yes No If Yes, please specify _____

4. Please list other leadership and / or self-development programs that you have participated.

- A. _____ B. _____ C. _____

Declaration

I am undergoing The Executive Leadership Program of The Art of Living, on my own free will and I take full responsibility for participating in this program. I release Vyakti Vikas Kendra – India and all organizers and assistants of this program from all damages whatsoever and waive all rights to compensation in case of injury. I declare that I am physically and mentally able to participate in this program. I will not teach any of the techniques of this program unless I have been authorized in writing by Vyakti Vikas Kendra – India.

Place _____ Signature _____